




Laconia Middle School

September, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Alternate: Ham & Cheese Croissant				
 LABOR DAY	Chicken burger Lettuce, tomato, pickle Baked beans Baked chips Choice of fruit	Rodeo burger Cheese, lettuce, tomato, pickle Chips Veggies & dip Choice of fruit	Ham & cheese croissant Veggies & dip Choice of fruit	Individual round pizza Salad bar Juice Frozen fruit cup Choice of fruit
9	10	11	12	13
Alternate: Chicken Salad on a Bulkie				
BBQ pulled pork sandwich Tater tots Cole slaw BBQ beans Choice of fruit	 No school Teacher's Workshop	Chicken and biscuit Mashed potato Green beans Choice of fruit	Pasta & meatballs Salad bar Breadstick Choice of fruit	French bread pizza Pasta salad Veggies & dip Grandma's cookies Choice of fruit
16	17	18	19	20
23	24	25	26	27
30				
	<p style="text-align: center;">Approved applications are required for meal benefits and are not retroactive. Please complete an application as soon as possible. Last year's benefits expire on October 11, 2024</p>		<p style="text-align: center;">This institution is an equal opportunity provider.</p>	 <p style="text-align: center;">Welcome Back!</p>

Breakfast
Mondays
Sausage Breakfast Pizza Choice of fruit
Tuesdays
Egg, cheese and bacon breakfast wrap Choice of fruit
Wednesdays
Bagel & cream cheese Hard boiled egg Choice of fruit
Thursdays
Pancakes, waffles or French Toast Sausage Choice of fruit
Fridays
Scrambled eggs Biscuit Choice of fruit
Meals served with choice of skim, or fat-free flavored milk.
<p style="text-align: center;">Meal Prices:</p> <p style="text-align: center;">Lunch: \$3.75 Reduced \$.40 Adult \$4.00 Breakfast: \$2.00, Reduced - no charge Adult \$2.50. Cold Lunch Milk \$.50</p>